

	mU12		wU12		mU14		wU14		mU16/mU18		wU16/wU18		
	M10	M11	W10	W11	M12	M13	W12	W13	M14/M15	mU18	W14/W15	wU18	
10:00	Weit 1+2*	Weit 3	Hoch		60mH ZL		60mH ZL						10:00
					Speer		Speer						
10:15									100m VL	100m VL	100m VL	100m VL	10:15
10:30							75m VL	75m VL					10:30
10:45					75m VL	75m VL							10:45
11:00			50m VL	50m VL									11:00
11:15					Hoch		Ball						11:15
11:30	50m VL	50m VL	Weit 3	Weit 1 + 2*									11:30
11:45													11:45
12:00					Ball				100m A/B	100m A/B	100m A/B	100m A/B	12:00
12:15							75 m A/B	75 m A/B					12:15
12:30	Hoch				75 m A/B	75 m A/B							12:30
12:45			50m A/B	50m A/B			Weit 1	Weit 2					12:45
13:00	50m A/B	50m A/B											13:00
13:15			Ball							200m ZL		200m ZL	13:15
13:30									300m ZL M15		300m ZL W15		13:30
13:45					4x75m ZL		4x75m ZL						13:45
14:00	4x50m ZL		4x50m ZL										14:00
14:15					Weit 1	Weit 2			4x100m ZL	4x100m ZL	4x100m ZL	4x100m ZL	14:15
14:30	Ball						800m ZL	800m ZL					14:30
14:45					800m ZL	800m ZL							14:45
15:00			800m ZL	800m ZL					Hoch				15:00
15:15	800m ZL	800m ZL											15:15
15:30					Kugel				800m ZL	800m ZL	800m ZL	800m ZL	15:30
15:45													15:45
16:00										400m ZL		400m ZL	16:00
16:15							Kugel						16:15

\*Im Weitsprung der M10 und W11 wird der Vorkampf getrennt auf zwei Anlagen ausgetragen, der Endkampf gemeinsam auf Anlage 1.

Stand: 23.03.2026 (Änderungen vorbehalten!)